

SERIES: MY LIFE WITH GOD

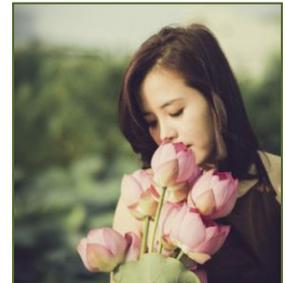
The Source of Our Peace

Life Reference: Philippians 4:6-7

Focus Verse:

“Seek peace, and pursue it” (Psalm 34:14b).

Peace. So many desire it yet live without it. Instead, their lives are filled with turmoil, fear, and confusion. Do they long for something unattainable? Not at all. We can live peaceful lives in a turbulent world, but first we must understand how to find the peace so many long for.



Life Reflection:

Have you personally experienced a time of turmoil and confusion when peace was missing from your life?

Have you ever had to become the peacemaker in a difficult situation?

- **Peace has one source.**

Do a quick internet search on “finding inner peace,” and within seconds you will have millions of results. Yet many, perhaps most, of those articles overlook a simple fact. There is only one source of peace: the Prince of Peace (Isaiah 9:6).

“Now the Lord of peace himself give you peace always by all means” (II Thessalonians 3:16).

“Peace I leave with you, my peace I give unto you: not as the world giveth. Give I unto you. Let not your heart be troubled, neither let it be afraid” (John 14:17).

Peace is attainable if we look in the right place. Psalm 29:11 promises that the Lord blesses His people with peace.

Life Reflection:

Is it difficult to maintain your personal peace when surrounded by others in turmoil?

- **Peace requires action.**

To really comprehend peace, we must realize that it requires action on our part. Philippians 4:7 tells us, “These things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.”

Is it too extreme to say we find true peace when we obey God—when we act upon what we have learned, received, heard, and seen? One simple word gives us direction. Do!

- **Jesus paid for our peace.**

The price for our peace was paid upon the cross. “The chastisement of our peace was upon him” (Isaiah 53:5). The Lord took our punishment upon Himself to bring us into relationship with Him. Relationship brings trust, which in turn gives a feeling of security and peace.

*“There may be those
on earth who dress
better or eat better,
but those who enjoy
the peace of God
sleep better.”*

— L. Thomas

- **The believer demonstrates peace.**

According to Galatians 5:22, peace is a fruit of the Spirit. It should be evident in our lives. Those around us will observe the serenity in our lives and desire the same in their lives. To the person who does not know God, it seems impossible that there is “the peace of God, which passeth all understanding” (Philippians 4:7). Such peace is difficult to explain, yet it is real.



Life Response:

Our world desperately needs peace—in our lives, in our communities, and in our nation. As a Spirit-filled believer, we carry peace with us wherever we go. We know the source. Therefore, it is our responsibility—our mandate—to share that peace with others. “Blessed are the peacemakers” (Matthew 5:9). Peacemakers are world changers.

How to Pray for Peace

Below are suggested scriptures you can pray to seek peace in your personal life, your relationships, your neighborhood, and your nation.

- Peace in our hearts and minds: Philippians 4:7; Colossians 3:26; Isaiah 26:3.
- Peace in our relationships: Romans 12:18; Hebrews 12:14.
- Peace within our neighborhoods and cities: Jeremiah 29:7.
- Peace in our nation: Leviticus 26:6; Isaiah 2:4.

My Prayer:

Dear Lord, fill my life with the peace that comes from knowing You and obeying Your Word. Each day as I go out into my world, help me to carry Your peace with me and share it with others. May those whose life is filled with worry, turmoil, fear, and confusion realize that You, and only You, are the source of all peace. Help them to accept and experience Your peace—the peace that passes all understanding.

More Life with God References:

Numbers 6:25-26

Psalms 4:8

Isaiah 26:3

Romans 14:17-19

Romans 15:13

Colossians 3:15

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